

Turystyka i rekreacja - semestr zimowy 2018/2019 (I stopień)
Tourism and Recreation- winter semester 2018/2019 (first degree)

Lp.	Kod przedmiotu/ Course code	Przedmiot	Subject	Description	W	E	PKT.
1	14.3WU46AIJ119_52S	Ekologia i ochrona środowiska (I.r.Isem.)	Ecology and Environment	Basic concepts, regularities and problems of ecology and environmental protection	15	30	4
2	14.3WU46AIJ2987_23S	Wychowanie fizyczne (IIr. IIIsem.)	Physical education	Classes are associated with shaping healthy lifestyle, encouraging the game as a recreational physical activity, as well as achieving a high level of technical and tactical skills in a chosen form of movement and the formation of the need for constant physical activity.		30	0
3	14.3WU46AIJ2985_16S	Metodyka pracy animatora rekreacji (IIIr. V sem.)	Methodology of animator work	Issues related to the term for recreational activities for each group. Getting to know his/her own preferences in the role entertainer. Implementation of the organization of event. Developing personal entertainer competencies. Implementation of the various forms of recreation. The organization of recreational events in practice	15	15	3
4	14.3WU46AIJ2615_24S	Gry i zabawy ruchowe (IIr. IIIsem.)	Fun and movement games	Theory and practice of games and activities, preparing students to plan and carry out activities based on games and movement for people from different social groups.		26	2
5	14.3WU46AIJ2985_19S	Animacja zajęć sportowo-rekreacyjnych (I.r. Isem.)	Animation of sporting and recreational activities	A wide range of sports and recreational activities. Theory and methodology of the animation programs for different age groups. Activities related to the planning, organization and conduct of sports and recreational activities.		30	2
6	14.3WU46AIJ2618_32S	Ekoturystyka (IIIr. V sem.)	Ecotourism	Ecotourism's theory and its development in Poland and in the world. Ecotourism's consequences and benefits to society resulting from its development.	15	15	3
7	14.3WU46AIJ2986_21S	Zespołowe gry rekreacyjne (IIr. IIIsem.)	Group recreational games	Programming and realization of sports and recreation classes of team sports. The acquisition of ability in preparing sports and recreation events for groups in various age.		30	2
8	14.3WU46AIJ2985_8S	Ćwiczenia terenowe - profil rozszerzony (IIIr. Vsem.)	Field exercises - extended profile	Methodological and organizational aspects of preparation and conduct of selected forms of tourism and events. Getting to know tourism values. Subject is aimed at students who are able to take part in activities that require considerable physical effort. The system of classes and the selection of content and form is adapted to people whose level of physical activity and physical preparation is high and allows you to participate in selected forms of tourism at the advanced level.		15	2
9	14.3WU46AIJ119_53S	Podstawy turystyki (I.r. Isem.)	Basic of tourism	The objective of the course is to familiarize students with the terminology, research directions and selected issues of tourism.	15	30	5
10	14.3WU46AIJ2616_42S	Taniec towarzyski (IIIr. Vsem.)	Ballroom dance	Terminology, technology, methodology of teaching the basic steps dance in the field of ballroom dancing.		15	2

Turystyka i Rekreacja - semestr zimowy 2018/2019 (II stopień)
Tourism and Recreation - winter semester 2018/2019 (second degree)

Lp.	Kod przedmiotu/ Course code	Przedmiot	Subject	Description	W	E	PKT.
1	4.4WK46PIIJ2985_1S	Opieka zdrowotna w turystyce (I.r.Isem.)	Health care in tourism	Basic issues concerning the health aspects before, during and after various tourist events.	15		2
2	4.4WK46PIIJ119_4S	Podstawy przewodnictwa i pilotażu	Introduction to tour	Course objectives: The aim of the course is to familiarize students with the basics of tour leaders and tour guides work	14	15	3
3	4.4WK46PIIJ3014_11S	Kinezyterapia (IIr. IIIsem.)	Kinesytherapy	Kinesis' basics in theory and practice. Kinesis' place in medical rehabilitation. Basic methods, measures and standards, which are used in kinesiotherapeutic.	15	15	3
4	4.4WK46PIIJ2987_3S	Nordic walking (I.r. Isem.)	Nordic walking	Technique and methodology of nordic walking		30	2

Turystyka i rekreacja - semestr letni 2018/2019 (I stopień)
Tourism and Recreation- summer semester 2018/2019 (first degree)

Lp.	Kod przedmiotu/ Course code	Przedmiot	Subject	Description	W	E	PKT.
1	14.3WU46AIJ2615_24S	Gry i zabawy ruchowe (I.r. IIsem.)	Fun and movement games	Theory and practice of games and activities, preparing students to plan and carry out activities based on games and movement for people from different social groups.		15	1
2	14.3WU46AIJ2985_8S	Ćwiczenia terenowe - profil rozszerzony (IIr. IVsem.)	Field exercises - extended profile	Methodological and organizational aspects of preparation and conduct of selected forms of tourism and events. Getting to know tourism values. Subject is aimed at students who are able to take part in activities that require considerable physical effort. The system of classes and the selection of content and form is adapted to people whose level of physical activity and physical preparation is high and allows you to participate in selected forms of tourism at the advanced level.		15	2

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